

NORTHVIEW HIGH SCHOOL VOLLEYBALL

CHAD J. RUTKOWSKI, M.ED., HEAD COACH



August 3, 2019

It is hard to believe that the season is here, tryouts have come and are now gone... The season is well under way and we welcome all of you to the 43rd season of Northview Volleyball! We are excited to have you all as part of our culture and our program, one that I would say is the best in Northwest Ohio. We have something wonderful here at Northview and we are excited that you are part of it.

Starting with Friday and today's practice, your daughter will be working on their position specific skills and taking many reps; they will need to ice their shoulders, knees and ankles daily to make sure that they are recovering quicker from their workouts. We are going to be working faster and harder than most of our counterparts so that we are overly prepared for the start of the season, just a mere two weeks away with our first match taking place on Saturday, August 17, 2019 at Olentangy High School outside of Columbus, Ohio.

Here are a few notes for the month of August that we wanted to pass along to all families:

PLEASE SUBSCRIBE TO THE ONLINE CALENDAR

- [Online Calendar](#)
- This will be the means of communication in regard to everything Northview Volleyball related.
- If you are having trouble with the calendar, we may have to have a printed version for you.

FINAL FORMS

- Northview High School Athletic Department has partnered with FinalForms, an online forms and data management service. FinalForms allows you to complete and sign athletic participation forms for your students. The most exciting news is that FinalForms saves data from season-to-season and year-to-year, meaning that you will never need to enter the same information twice! FinalForms also pre-populates information wherever possible, for each of your students, saving you time.
 - We are asking that ALL parents of athletes use FinalForms. Please register at -- <https://sylvania-oh.finalforms.com> -- now and electronically complete ALL forms!
 - You will need to review your information once per school year to verify information is current and sign the forms.

PLAYER SYLLABUS FOR THE SEASON

- New this year, each player will be given a player syllabus which they will have assignments, some light reading and a podcast to listen to in order to approve their knowledge of the sport of volleyball. We know that, as students, they have other assignments and homework that is priority, but we feel it is very important for the success of our program to spend about 1 hour a week focused on volleyball outside of the gym.
- Your athlete will be given this syllabus on Friday, August 2, 2019 at practice and will be expected to complete the homework and assignments for week one by the following Monday. All assignments will be due the Monday after the assigned work.

WILDCAT WELCOME DAYS, AUGUST 5TH AND AUGUST 6TH

- We have adjusted the calendar for these days. Please check for the updated times using the calendar links above.
- We cannot get into the gym until 6:30 P.M. each night, therefore, practice has changed.

SPIRIT WEAR

- The spirit wear orders will be completed and ready to distribute by Thursday, August 8th.
- Payment for all spirit wear orders will be due by August 7th.
 - Checks can be made out to "Northview Volleyball".

PHILANTHROPY DAY

- Wednesday, August 7th, athletes should report to Owens Community College Student Health & Activities Center by 7:30 A.M.
- Wear a Northview Volleyball shirt (everybody should have one at this point) and athletic shorts, jogger or leggings.
- Athletes will be ready for pick up or departure from Owens Community College at 9:30 A.M.
- Please coordinate your own transportation and car pools for this day.
- There is plenty of free parking at Owens Community College for this event.

CEDAR POINT TEAM BUILDING DAY

- Cedar Point is an optional Team Building Day for all athletes; however, it is encouraged that all athletes attend.
- We will be taking a Sylvania School Bus for this trip and the athletes should arrive at Northview 7:15 A.M. for a 7:30 A.M. departure.
- Your daughter will be asked if they are attending. If they are, they need to state if they need a ticket or not.
 - Responses to this are due by Wednesday, August 8th, so that tickets can be purchased on Thursday.
 - If a ticket is needed to be purchased by Coach Chad, \$45.00 should be sent with your daughter to Thursday's practice.
- Send money with your athlete for lunch and dinner. Breakfast will be provided by the coaching staff at Coach Chad's house, en route to Cedar Point.

PARENT VOLUNTEER SIGN-UPS

- Each season, there are dedicated parents that help our volleyball program with various roles, such as:
 - Food & Concessions Coordinator (1 per team, 3 individuals)
 - Web Information Coordinator (1 per team, 3 individuals with team Coach assistance)
 - Social Coordinator (1 per team, 3 individuals with Coach assistance)
 - Cats Tailgate for Parents and Students: Saturday, September 14, 2019 vs. Central Catholic
 - Dig Pink Match with Coach Kayla: Monday, September 30, 2019 vs. Whitmer
 - Scorekeeper (1 per team, 3 individuals)
 - Libero Tracker (1 per team, 3 individuals)
- We will highlight these roles on August 5, 2019 at the conclusion of the Player and Parents Meeting in the PAC which starts at 6:30 P.M. As a program, we will meet afterwards, and you will be able to meet other parents and see a little bit of practice as well.

SCRIMMAGE SCHEDULE

- Our scrimmage schedule can be found online and with the attached match sheet. Our 2018 scrimmages are as follows:
 - Thursday, August 8th – Varsity and JV at home at 5:00 P.M. Teams attending are: Northview (host), Evergreen and Oak Harbor

- Thursday, August 8th – Freshman at Archbold High School at 5:00 P.M. Teams attending are: Archbold (host), Tinora, Swanton, Liberty Center, Fairview, and Northview
- Saturday, August 10th – Varsity and JV at Fort Loramie at 1:00 P.M. Team attending are: 1. Fort Loramie (host), Northview, Troy, Mother McAuley, Massillon Jackson, Fort Recovery
 - We will be stopping for food on the way home. Please send your daughter with some money for food.
- Saturday, August 10th – Freshman at home at 1:00 P.M. Teams attending are: 1. Northview (host), Whitmer, St. Ursula, Swanton, Clay, Evergreen, Springfield
- Tuesday, August 13th – Varsity and JV at home at 5:00 P.M. Teams attending are: 1. Northview (host), Amherst Steele, Lake, Wauseon

TEAM MEALS FROM TROPICAL SMOOTHIE

- Thank you Mrs. Catti for coordinating - Individual player order forms will be sent home next week. Please be on the lookout for these.
- These orders are taken so that if you would like to have a meal delivered before you get on the bus for an away match, you can have a good meal.

UNIFORMS AND SPIRIT WEAR

- Uniforms will be distributed on Saturday, August 3rd in between group practices. See calendar for additional details. All athletes need to be present on this day to receive their gear for the season.
 - If your daughter was absent today, they will need to see their team coach for the information they missed.
- Spirit Wear will be ready to distribute by Thursday, August 8th prior to the first scrimmage and will be worn for the first scrimmage as well.
 - If anything is back ordered, it will be given as it is delivered.

MEDIA (PICTURE) DAY

- Wednesday, August 7th will be Media Day for Volleyball and will be a little different this year. Once we have the exact time for our team pictures with AssetWare, we will adjust the calendar accordingly to factor in pictures and practice on that day. Please know that this day will be adjusted on the calendar.

FUNDRAISERS

Mark your calendars and help us promote our 2019 fundraisers! All fliers are on our website and social media!

- **TODAY! Saturday, August 3, 2019 | 4:00 P.M. to 8:00 P.M. | Chipotle, 4109 Talmadge Road, Toledo, Ohio 43623**
- Sunday, August 11, 2019 | 3:00 P.M. to 6:00 P.M. | Charlie's Homemade Ice Cream and Edibles, 6600 W Sylvania Ave, Sylvania, OH 43560 (Freshman Team)
- Sunday, August 18, 2019 | 3:00 P.M. to 6:00 P.M. | Charlie's Homemade Ice Cream and Edibles, 6600 W Sylvania Ave, Sylvania, OH 43560 (Junior Varsity Team)
- Sunday, August 25, 2019 | 3:00 P.M. to 6:00 P.M. | Charlie's Homemade Ice Cream and Edibles, 6600 W Sylvania Ave, Sylvania, OH 43560 (Varsity Team)
- Wednesday, September 18, 2019 | 5:00 P.M. to 10:00 P.M. | Paddy Jack's, 6725 Central Ave, Toledo, OH 43617

WEBSITE CONTENT

This off-season, we worked tremendously hard to digitize most of our information as well as create some new and exciting things for our program. Please visit our website (www.northviewwildcats.org) and click on [Team Files](#) to access computer and mobile device backgrounds, [daily checklist for athletes](#), [links for match schedules only that you can share with family members](#), and new information will be posted soon! We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly.

MAXPREPS TEAMS APP VS. GROUPME

We have scrapped this due to the athletes preferring to use GroupMe. I will coordinate a group for parents within the next few weeks so that you can have a group chat amongst the parents on your particular team.

This is how we will communicate with our program, primarily through the athletes.

Follow us on social media

Facebook | [Sylvania Northview High School Volleyball @NVHSVBALL](#)

Twitter | [@NVHSVBALL](#)

Instagram | [@NVHSVBALL](#)

Northview Athletic Website – www.northviewwildcats.org – All Northview Volleyball resources can be found online! It is highly encouraged that you utilize the website as much as possible.

The September edition of Chalk Talk will highlight some of our early success during the season as well as provide important updates as we move through the season. Again, we welcome all of you to the Northview Volleyball program and hope for a successful and wonderful experience for you and your family!

Yours in Sport,



Chad J. Rutkowski, M.Ed.

Head Volleyball Coach

NLL Champions | 1997 | 1998 | 1999 | 2003 | 2006 | 2015

Ohio High School Volleyball Coaches Association Division I Coach of the Year | 2018

Sylvania Northview High School | 5403 Silica Drive | Sylvania, OH 43560

www.sylvanianorthview.org
